Australia’s first residential facility to treat eating disorders

Wandi Nerida means ‘gather together and blossom’ in the traditional language of the local Kabi Kabi people. It will be a place of love and healing in a home-like environment that fosters social connection.

Your donation now will help Butterfly to open Wandi Nerida in 2021 and provide national, intensive, holistic and person-centred care for eating disorders that can save lives. Our multidisciplinary team will include those with lived experience, and will foster recovery by working collaboratively with participants, from 7.30am to 8pm, 7 days a week, for as many weeks or even months as they need.

A safe, healing and home-like environment will help our participants embed their recovery when they are back at home.

A phased treatment approach is integral to recovery:

**Welcome Phase**
We orient participants and assess them for a personalised treatment plan.

**Phase 1**
High-level support will build accountability and help participants abstain from eating disorder behaviours.

**Phase 2**
Participants move on to choosing and portioning their own food as their motivation increases and ritualistic behaviours decrease.

**Phase 3**
As motivation grows and disordered behaviours are overcome, participants begin leading their recovery.

**Phase 4**
Independence and a recovery-focus is encouraged as people prepare to leave 24/7 care.

**Graduation**
Extended support for those not ready to return home, preparing for real-life situations.

Please help us open Wandi Nerida with a generous gift today. Thank you.