### POSITION DESCRIPTION

<table>
<thead>
<tr>
<th>Role Title</th>
<th>Dietitian</th>
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<tbody>
<tr>
<td>Reports to</td>
<td>Clinical Program Lead</td>
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<tr>
<td>Roles reporting into this role</td>
<td>N/A</td>
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</tbody>
</table>
| **Accountabilities and Responsibilities** | The Dietitian will provide high quality direct nutrition and dietetic services to participants at Wandi Nerida (eating disorder recovery centre) in a group setting or individually as required, following Wandi Nerida’s Model of Care, protocols and procedures.  
  - Advise, counsel, and educate participants and carers on an individual or group basis and provide strategies to assist them in developing healthy living practices, reduce disordered eating, and move towards healthy, mindful, intuitive, flexible, and relaxed eating practices.  
  - Complete dietetic assessments of new referrals to Wandi Nerida.  
  - Facilitate consultative dietetic service to internal/external caterers through regular liaison and formal meetings.  
  - Maintain high quality and timely clinical records in following Wandi Nerida procedures, whether paper-based or enabled by information technology.  
  - Attend and actively contribute to team meetings; participate in training, informal and formal, and maintain currency of professional knowledge and skills through continuing professional development.  
  - Liaise directly with health professionals in other services as appropriate, and emergency services if required.  
  - Support and / or undertake program evaluation, quality improvement and service development, as part of the Wandi Nerida team and within any framework specified by Wandi Nerida.  
  - Act as a resource person on professional matters pertaining to nutrition and dietetics.  
  - Participate in training, informal and formal, and maintain currency of professional knowledge and skills through continuing professional development.  
  - Actively support and assist with training of less experienced clinical staff and students/clinical volunteers as required in respect to dietetic information.  
  - Assist with database update, record keeping, and other administrative tasks associated with the program.  
  - As required, provide dietetic therapy, general information about eating disorders and advice or counselling in a group setting.  
  - Provide meal support for participants.  
  - Co-facilitate group sessions and run psychoeducational groups on dietetic information for clients within the program.  
  - Other duties as may reasonably be directed by management. |
| **Selection Criteria** | Essential  
  - Current membership with the Dietitians Association of Australia with Accredited Practising Dietition (APD) status. Professional membership and APD status must be maintained throughout the duration of employment. |
• Direct experience of working with people with eating disorders and/or other mental disorder.
• A sound understanding of eating disorders and disordered eating, body image and related issues (including comorbidities) and of their impact both on the individual experiencing the issue and on their families, friends, partners and other carers.
• A capacity and willingness to work within the program’s philosophies, combining concepts from different theoretical models and applying them adaptively and flexibly.
• Ability to eat in a healthy, relaxed, flexible manner in the company of others, and to model an appropriate relationship with food.
• A good understanding of ethical and best practice principles for the treatment, counselling and support of people with eating disorders. Also, a clear understanding of professional boundaries, confidentiality and privacy principles and practices.
• Demonstrated ability to work well in a team, developing and maintaining effective and harmonious working relationships with colleagues.
• Ability to adapt to changing circumstances and to respond quickly and competently in the event of a crisis contact (e.g. suicide ideation, self-harm, medical emergency). Willingness to participate in a therapeutic community.
• Adaptable and flexible approach to work, particularly when circumstances result in a change in routine.
• Willingness to walk the talk of our therapeutic approach.

Desirable:
• A qualification in cooking and/or experience as a chef or commercial kitchen.
• A passion for food and cooking.
• Able to fulfil all NEDC clinical competencies as per the National Practice Standards.

**Other Requirements**

**Vaccine Preventable Diseases (VPD) Requirements**

It is a condition of employment for this role for the employee to be, and remain, vaccinated against the following vaccine preventable diseases during their employment:

- Measles
- Mumps
- Rubella
- Varicella (chicken pox)
- Pertussis (whooping cough)
- Hepatitis B
- Seasonal Flu
- COVID-19 (when available)

We encourage applications from people with lived experience of eating disorders, and family members/carers of people with eating disorders. It is a requirement of all roles, that those who have experienced an eating disorder consider themselves to have been recovered for at least two years.

**At all times:**

- Relevant to the position, participate in the ongoing education, implementation, monitoring and evaluation of safety and quality initiatives relevant to The National Safety and Quality Health Services Standards and quality improvement programs
- Conduct yourself in a professional manner.
- Have exceptional interpersonal relationship skills and a positive attitude
- Strive to act in accordance with the vision, mission and objectives of Wandi Nerida
- Follow Wandi Nerida's policies and procedures.
- Follow/participate in occupational health and safety measures.
- Act considerately around the workplace and have regard for the well-being of fellow staff, volunteers and our service users.
- It is a requirement of all positions at Wandi Nerida that the person has a Working With Children Check clearance (pass) and Police check and complete required vaccination status to work in a Queensland Health Service.
- All staff should be aware of and actively uphold the Wandi Nerida values.
- We practice truth without judgement, fostering social connection.

**WANDI NERIDA**

**Overview**

Wandi Nerida is the trading name for Butterfly Residential Care Pty Ltd and is limited by shares. It is a not for profit company 100 percent owned by the Butterfly Foundation, Australia’s leading national charity for eating disorders and body image issues.

Wandi Nerida is situated on a beautiful, serene 25-acre block in the Mooloolah Valley on the Sunshine Coast and will make a significant contribution to improving treatment options for Australians with eating disorders. It will be a licensed private mental health facility that provides a unique service within the eating disorder care continuum and accepts referrals from all states and territories in Australia. Within the ecosystem of eating disorder services, Wandi Nerida will fill the gap between hospital admission and outpatient care to provide an opportunity for a more intensive psychological recovery and more seamless integration of services.

This purpose-built, multidisciplinary staffed facility will provide a healing space where people living with eating disorders can work, over time, towards healthy minds and bodies. The B-FREEDT model is recovery orientated integrating lived experience as a key feature of our staffing model. In addition, to Wandi Nerida providing a safe, innovative environment for those most in need of psychological and physical care, it will be an important pilot project for future Australian models and facilities. The care we deliver will allow us to gather the evidence we need to make the case for the provision of high-level residential care and support across multiple sites around Australia.

**Meaning Behind Wandi Nerida**

We are thankful for the involvement of local elders who came to our property and offered insight into the traditional culture and stories of the region. In doing so, they gifted us with the name **Wandi Nerida** which means to “gather together to blossom”.

The meaning behind this name comes from a small insect that was very unhappy within itself.

All it wanted to do, was break free and live a life worth living.

It knew, that if it stayed the way it was, then one day someone would come along and squash it into the ground and it would be nothing but a worthless downtrodden squashed bug.

So in all its wisdom, it isolated itself in a cone, drawing strength from itself to become a new creation so it could fly off and explore the many different levels in life.

Reasoning behind, why there’s so many beautiful butterflies in the world today, flying around exploring the many new heights in life.

**Vision**

Intervention is early in illness and episode, treatment is effective, affordable and accessible and treatment is sustained.

**Mission**

Change the experience of eating disorders: Saves lives, minimise incidence and impacts, improve quality of life and make recovery a reality.
Wandi Nerida values are at the core of everything we do and support our model of care. All participants, staff and families are expected to support our values being translate into practice.

1: **Integrity:** we are honest, open, ethical and fair and we. **Innovate:** in everything we do we challenge our ideas of what’s possible.

C: **Connect with Compassion:** we show up as real, vulnerable transparent human beings who speak from the heart, value other’s contributions, and invest in each other’s growth.

A: **Accountable:** We welcome honest conversations that challenge when necessary and don’t make assumptions- we ask and answer questions and rely on each other to make solutions.

R: **Respect:** The trust and respect we have for each other infuses passion into everything we do

E: **Encourage with Equality:** We believe that greatness comes from unlocking each other’s potential and valuing our differences.

### Objectives

- Advocate excellence and consistency in the culture of care and support for people with eating disorders and encourage a better understanding of the complexities of eating disorders and the need for a compassionate, flexible and holistic response.
- To operationalise Australia’s first Residential Eating Disorder Facility and provide effective affordable, accessible care.
- To provide an efficient model of care and sustainable financial model for viability and the foundation and development of other facilities in Australia.
- To ensure there is a clinical and economic evaluation of the B-FREEDT model to support evidence-based practice and research for carers and families effected by eating disorders.
- Increase access for all people with lived experience of an eating disorder and carers in Australia to effective treatment and support.
- Ensure that everyone in the Wandi Nerida team feels recognised for their skills and experience, is fully engaged and supported in making their contributions and that the organisation is providing opportunities for professional growth and development.
- To ensure Wandi Nerida is well integrated into both the National and State Systems of care to provide sustained recovery for those effected by an eating disorder.

Wandi Nerida acknowledges Aboriginal and Torres Strait Islander people as Australia’s first people and traditional custodians.

Wandi Nerida is committed to embracing diversity and welcomes all people irrespective of body shape and size, ethnicity, faith, age, sexual orientation and gender identity. More information about our commitment to reconciliation, diversity and inclusion is available here: [https://butterfly.org.au/who-we-are/reconciliation-inclusion/](https://butterfly.org.au/who-we-are/reconciliation-inclusion/)