

We are proud to be joining Australia's
largest Body Image Movement this
September.

We are encouraging
everyone to
BE BODY *Kind*.

To their own body. To others.
Face to Face. Online.

Body*Kind*
SCHOOLS

September – 2021



ARE YOU OR SOMEONE YOU KNOW STRUGGLING WITH BODY IMAGE?

You are not alone. Talking helps; is there a trusted friend, adult or teacher you can talk to?
Not sure where to start or what to say? Our trained counsellors on the
Butterfly National Helpline can support you www.butterflynationalhelpline.org.au



Butterfly

BUTTERFLY.ORG.AU