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POSITION DESCRIPTION

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| Role Title | Peer Support Facilitator (Carer) |
| Reports to | Manager, Recovery Support Services  |
| Roles reporting into this role | N/A |
| Purpose of the Role | The primary purpose of this role is to provide hope for recovery and peer support through various activities working directly with people currently caring for a loved one, family member, partner or friend experiencing an eating disorder. The role aims to provide safe, supportive and recovery-focused environments, utilising your lived experience of being a carer to facilitate support. Our group-based programs provide: * Information about eating disorders, the recovery process and how to manage the stress of caring for someone with an eating disorder
* Skills to better relate to a loved one and how to foster a recovery-orientated environment
* An opportunity to know carers are not alone, receiving support and hope from, and offering support and hope to, other members of the group
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| Accountabilities and Responsibilities | * Work collaboratively with the RSS Manager to ensure uninterrupted service delivery for provision of carer support groups and programs.
* Appropriately and safely share and discuss common experiences with group and program participants, assisting to initiate, establish and maintain supportive relationships within the groups.
* Co-facilitate group programs, including delivery of education and awareness activities.
* Keep accurate and up to date records of attendance at support groups, individual mentorships, health records, and programs facilitated.
* Assist in reporting data around engagement and service usage to the RSS Manager along with feedback on outcomes and on any significant issues.
* Attend team meetings and supervision with a supervisor.
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| Selection Criteria | Essential* Lived experience of caring for someone with an eating disorder.
* Peer support facilitators who have experienced caring for a person with an eating disorder who has been recovered for at least two years.
* An understanding of eating disorders and disordered eating, body image and related issues and of their impact both on the individual experiencing the issue and, on their families, friends partners and other carers.
* Well-developed interpersonal and communication skills with a caring and empathetic approach and ability to establish rapport.
* Insight and understanding of the wide range of issues that are commonly present for people with eating disorders and their families/partners and caregivers.
* A clear understanding of professional boundaries, confidentiality, privacy principles and practices.
* An understanding of common co-morbid conditions with eating disorders and an ability to provide support and referrals as needed.
* A good understanding of best practice principles for supporting those with or caring for someone with an eating disorder.

Desirable* Prior experience in providing peer support or facilitating groups in a mental health or community health context.
* Able to meet relevant NEDC core competencies as per the [National Practice Standards](https://nedc.com.au/assets/NEDC-PRACTICE-STANDARDS-final.pdf)
* Experience in a similar not-for-profit or charitable NGO environment.
* Current driver’s licence.
* Certificate in mental health and/or peer work.
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| Other requirements | **At all times:*** Conduct yourself in a professional manner.
* Have exceptional interpersonal relationship skills and a positive attitude
* Strive to act in accordance with the vision, mission and objectives of Butterfly and to do all possible to assist Butterfly in achieving its aims.
* Follow Butterfly’s policies and procedures.
* Adhere to Butterfly’s Child Safe Policy and contribute to a culture of child safety
* Follow/participate in occupational health and safety measures.
* Act considerately around the workplace and have regard for the well-being of fellow staff, volunteers and our service users.
* It is a requirement of all positions at Butterfly that the person has a Working With Children Check clearance (pass) and Police check.
* All staff should be aware of and actively uphold the Butterfly values
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BUTTERFLY

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| Overview | Butterfly Foundation is the national charity for all Australians impacted by eating disorders and body image issues, and for the families, friends and communities who support them. Butterfly changes lives by providing innovative, evidence-based support services, treatment, and resources, delivering prevention and early intervention programs, and advocating for the needs of our community. |
| Vision | All people in Australia can live free of eating disorders and negative body image. |
| Mission | We work to prevent eating disorders and body image issues from occurring, to ensure that the best possible treatments are available, and that appropriate care and support is there for those affected. |
| Values | Compassion | Commitment | Collaboration | Initiative | Excellence | Integrity |
| Goals and Priorities | **Goal 1 – Reduce stigma and increase help seeking*** Listen to, amplify, and advocate for the voice of lived experience
* Increase public awareness and understanding
* Grow our digital presence

**Goal 2 – Work to prevent eating disorders from developing*** Deliver accessible evidence-based information and support
* Deliver and expand whole of school (5-18 years) based education
* Collaborate on innovative service offerings in universal prevention and early intervention

**Goal 3 – Improve treatment and support*** Establish evidence for residential treatment as a component of the eating disorder system of care in Australia
* Implement and evaluate programs and services which address gaps in care
* Assess gaps in the system of care and advocate for change to address them

**Enabler 1 -** Improve and maintain high employee engagement**Enabler 2** - Diversify funding sources**Enabler 3** - Strengthen government relations**Enabler 4** - Improve operational effectiveness (systems & processes)**Enabler 5** - Maintain and improve service excellence**Enabler 6** - Embed diversity and inclusion principles across the organisation |

Butterfly acknowledges Aboriginal and Torres Strait Islander people as Australia’s first people and traditional custodians.

Butterfly is committed to embracing diversity and welcomes all people irrespective of body shape and size, ethnicity, faith, age, sexual orientation and gender identity. More information about our commitment to reconciliation, diversity and inclusion is available here: <https://butteffly.org.au/who-we-are/reconciliation-inclusion/>.