

# Eating Disorders Peer Workforce Guidelines



## Guideline Development

Review of findings from An eating disorder-focused peer workforce:  
Needs assessment (Butterfly Foundation, 2023)

Review of relevant state and territory lived experience and peer  
workforce frameworks and guidelines

### Stakeholder engagement and primary research

- Ideation workshops with Butterfly Foundation's Lived Experience Community Insights Group
- Eating Disorders Peer Workforce Guidelines Working Group
- Online survey of people with lived experience of eating disorders
- Focus groups with peer workers and peer work supervisors
- Focus group with people who have accessed peer work
- Lived experience co-design workshop
- Working Group review of draft Guidelines
- Lived experience consultation group review of draft Guidelines
- A broader group of people with lived experience of peer work provided written feedback on the draft Guidelines

### Review of final Guidelines

- Working Group review of Guidelines
- Butterfly Foundation Board's Safety and Quality Committee review of the Guidelines
- Review of the Guidelines by the Australian Government Department of Health and Aged Care

To learn more, read the full [Eating Disorder Peer Workforce Guidelines](#)