

# Eating Disorders Peer Workforce Guidelines



## Guiding principles

1. Adequate training and supervision, to ensure that peer workers have the skills and knowledge required to provide safe and effective support

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2. A recovery-oriented approach, emphasising hope for recovery, self-determination and empowerment

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3. Employing organisations are committed to culture change, including practices in place to ensure that peer workers are valued and respected

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4. Prioritisation of peer workforce wellbeing and safety, with a clear scope of practice and access to sufficient support

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5. Accessibility, including matching of peer workers to peer work recipients based on participant needs and presentation as much as possible and as appropriate

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6. Professional and person-centred, including being non-judgemental, inclusive and trauma-informed

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7. Accountable and safe practice, including maintaining appropriate professional boundaries

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8. Integration within the care team, to serve the best interest of the participant

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To learn more, read the full [Eating Disorder Peer Workforce Guidelines](#)