

Paying the Price Report 2024



1.1 million

Australians are now living with an eating disorder - increased by 21% since 2012



The economic and social cost of eating disorders has grown to

\$67 billion

in 2023 - increased by 36% in like-for-like terms since 2012



Women are twice as likely as men to experience an eating disorder



The health system costs of eating disorders are \$251 million a year

27%

of individuals with an eating disorder are aged 19 years or younger



There were

1,273 deaths

due to an eating disorder in 2023 - this is more than the national road toll each year



Less than one in three

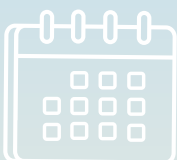
(30%) of those with eating disorders seek help



Australians from regional areas spend an average of \$975 per person to travel to receive treatment



The financial cost to individuals each year is \$7.9 billion



Individuals with an eating disorder can lose 10 days of work per year



Employers pay an average of \$44,381 a year per 100 employees as a result of eating disorders